

the
wellness
studio.

Tues to Sun, 10 am to 9 pm

By appointment

9338 3080

Massage Menu

G: Guest
M: Member

Deep Slumber (with oil)

A deeply relaxing full body massage with a Deep Slumber blend of Lavender, Geranium & Bergamot oils.

Benefits: Relieves muscle tension, promotes relaxation & sleep

60 min – \$165 (G) | \$132 (M)
90 min – \$225 (G) | \$180 (M)

Happy Feet

Foot massage working on the feet and calves to boost energies or simply relax.

Benefits: Improves digestion & overall well being, promotes relaxation & sleep

60 min – \$95 (G) | \$76 (M)
90 min – \$140 (G) | \$112 (M)

Muscle Relief (no oil)

Acupressure non oil massage working on the upper & lower back massage with preferred massage pressure.

Benefits: Relieves tense & sore muscles, promotes circulation & flexibility, boosts energy

60 min – \$145 (G) | \$116 (M)
90 min – \$205 (G) | \$164 (M)

Anti-ache Busters

Combination of back & foot massages to fight fatigue and relieve an intense week. Choice of oil or no oil for the back massage.

Benefits: Improves digestion & overall well being, promotes relaxation & sleep

Anti-ache 70:
40 min body + 30 min foot – \$150 (G) | \$120 (M)
Anti-ache 100:
60 min body + 40 min foot – \$195 (G) | \$156 (M)



Have a spa party with your friends, family or team!
Scan this QR code for Spartys menus!